

LA FAMOSA

WELLNESS SPA

SPA 8:00AM - 10:00PM
IN ROOM 24 HOURS

City Garden Hotel Makati
7870 Makati Avenue corner Durban Street
(near Kalayaan Avenue) Poblacion,
Makati City 1210, Philippines

Phone Number: +63 2 899.1111 Email: lafamosaspa@yahoo.com



SPA BODY TREATMENTS

The Swedish Classic

P900 (60 mins) / P1,200 (90 mins)

Pamper yourself with this treatment that releases tension and breaks up muscle knots and adhesions, thereby promoting full body relaxation

Touch of Shizuto

P900 (60 mins) / P1,200 (90 mins)

Satisfy the senses with this traditional Japanese form of physiotherapy, focusing on specific pressure points, relaxing and restoring the body's energy back in balance

Combination of Swedish & Shizuto

P900 (60 mins) / P1,200 (90 mins)

Pamper yourself with this treatment and satisfy your senses with this traditional Japanese form of physiotherapy

Hilot* | P1,350 (90 mins)

A Filipino healing art practiced for generations. Warmed banana leaves and coconut oil are used in detecting and addressing the areas of the body affected by imbalance or negative energy

Fully Aromatic

P1,200 (60 mins) / P1,500 (90 mins)

Experience the gentle application of a luxurious blend of therapeutic essential oils, which possess healing properties to calm, uplift, energize, and cleanse the body and mind

Head & Shoulder

P900 (60 mins) / P1,200 (90 mins)

A soothing massage that uses aromatic oils and oriental techniques, leaving you with a fresh, relaxed, youthful, and well rested look

The Rolling Stones*

P1,400 (60 mins) / P1,700 (90 mins)

Smooth, glistening, heated volcanic stones are soaked in essential oils and massaged onto the body, increasing circulation, and easing muscular tension

La Famosa Experience

P2,500 (90 mins)

Experience total healing, renewal, and relaxation with our signature treatment: a combination of a massage, scrub, and wrap.

SPA HANDS AND FEET

Healing points

P1,200 (60 mins) / P1,500 (90 mins)

A natural healing focusing on the hands and feet, this treatment promotes relaxation, improves circulation, reduces pain, soothes tired feet, and encourages overall healing

Hand/ Foot Spa* | P550 (40 mins)

Drench your hands and feet in relaxing warm water followed by an exfoliating scrub and a stress relief massage, leaving you with deeply relaxed hands and feet

Facial Touch | P700 (30 mins)

Relax and feel beautiful after a refreshing facial massage

CANCELLATION

Should you wish to cancel an appointment, please contact us at least, two (2) hours in advance to avoid penalties.

Late comers will be charged the full rate and may result in shortened treatment time.

Kindly advise us of any health conditions, allergies or injuries.

PACKAGES

1. CG Treat: Body Scrub, Body Massage, Hair Spa, Facial Touch & Foot Spa* **P3,200 (2 1/2 hrs)**

A soothing skin treatment using all natural products. While sealed with a thermal wrap, hair spa is applied (a treatment that stimulates blood circulation in the scalp) followed by a facial massage, giving a refreshed feeling. For a final touch, body massage is applied.

2. Body Scrub, Back Massage & Facial Massage **P2,350 (90 mins)**

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed, and a vitamin E base to leave you with a smooth glowing skin after a body butter is applied. While sealed with a thermal wrap, facial massage follows, giving a fully refreshed feeling. For a final touch, a back massage is applied to relieve pain and tension.

3. Body Scrub, Back Massage, Hair Spa **P2,000 (60 mins)**

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with smooth glowing skin after body butter is applied. A treatment that stimulates blood circulation in the scalp, massage with essential oil blend for a healthy hair with body and shine. For total relaxation a back massage to relieve pain and tension.

4. Foot Spa & Hilot* **P1,650 (2 hrs)**

A traditional Filipino art of healing using warmed Virgin coconut oil and banana leaves to enhance the energy flow for an overall feeling of wellness. Treatment is followed by foot spa to stimulate the reflex points and harmonize the body and mind

5. Body Massage, Foot Spa, Facial Touch* **P1,850 (2 hrs)**

A delightful way to restore your hands and feet with a relaxing and reinvigorating treatment. Followed by a facial touch, which is a natural alternative to botox with honey and freshly sliced cucumber, reducing time lines, wrinkles and increases oxygenation and suppleness of your skin. The session ends with a body massage to relieve tension, pain and aches.

6. Body Scrub, Body Massage (Swedish or Shizuto), Hair Spa, Facial Touch **P2,750 (2 hrs)**

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with a smooth glowing skin after a body butter is applied while sealed with a thermal wrap, hair spa is applied. A very relaxing form of massage therapy to ease pain and relieve stress and tired muscles for a complete relaxation. A treatment that stimulates blood circulation in the scalp massage with essential oil blends for healthier hair. Follow with a facial touch, a natural alternative to botox with honey and freshly sliced cucumber, it reduces time lines, wrinkles and increases oxygenation and suppleness of your skin. The session ends with a back massage to relieve tension, pain and aches.

7. Body Scrub, Body Massage (Fully Aromatic), & Hair Spa **P2,550 (90 mins)**

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with a smooth glowing skin after a body butter is applied while sealed with a thermal wrap. Hair spa is applied, a treatment that stimulates blood circulation in the scalp thru massage with essential oil blend for a healthy hair with body and shine. Finish with Swedish or Shiatsu massage to ease pains and relieve stress and tired muscles for a complete relaxation

8. Body Scrub, Healing Points **P2,400 (90 mins)**

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with a smooth glowing skin after a body butter is applied. Healing points to stimulate the reflex points and harmonize the body and mind

9. Foot Spa, Back Massage, & Facial Touch **P1,500 (90 mins)**

A foot spa treatment utilizing products like, sea salt, apricot seed and dead sea mud leaving your feet soft and feeling pampered. Afterwards, a back massage to relieve tension, pain and aches. The session ends with a facial touch, a natural alternative to botox with honey and freshly sliced cucumber, it reduces time lines, wrinkles and increases oxygenation and suppleness of your skin.